



Halo Commences Work at West Red Lake

Toronto, Ontario, July 22, 2009 -- Lynda Bloom, President and CEO of Halo Resources Ltd. (TSX.V:HLO; FSE:HRL) is pleased to announce commencement of the 2009 summer field program at the West Red Lake Property. The West Red Lake Property, located 25 km west of the town of Red Lake, covers an area of 45 sq. km. where Halo Resources Ltd. ("Halo", the "Company") operates three joint ventures on contiguous claims.

The Company is planning a detailed geological survey to follow up on gold zones identified in Q4 2008 and initiate planning for a winter drill program. Gold assays ranging from 3.6 g/t gold over 3.05 m to 1.7 g/t gold over 2.8 m were reported from a series of 6 closely-spaced channel samples over an area of 50 m, with lower grade mineralization extending an additional 25 m east. A second 50 m-long zone, 20 m south, is defined by channel samples with greater than 0.1 g/t gold assays and up to 20.1 g/t gold reported over 0.75m. The gold mineralization is clearly associated with mafic – ultramafic contacts which are a common control on gold mineralization in the Red Lake Camp.

Almost one-third of the Property is held through a joint venture with Rubicon Minerals Corporation ("Rubicon") and the Company wishes to advise that it has agreed to issue 200,000 common shares in the capital of the Company to Rubicon Minerals Corporation ("Rubicon") pursuant to the Company's election to satisfy 50% of its \$20,000 share option payment which is due on July 31, 2009. The option agreement was entered into with Rubicon on July 10, 2008, pursuant to which the Company can acquire up to a 75% interest in 87 claim units situated in Ball Township, Red Lake Mining Division, Ontario. Issuance of the shares is subject to the approval of the TSX Venture Exchange.

The above information has been prepared under the supervision of Lynda Bloom (P.Geo.), who is designated as a "Qualified Person" with the ability and authority to verify the authenticity and validity of the data.

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About Halo Resources Ltd.

Halo is a Canadian-based resource company focused on the acquisition of near production base and precious base metal deposits. The Company's focus is the 200 sq. km. Sherridon VMS Property, a combination of mature and grassroots volcanogenic massive sulphide (VMS) copper, zinc and gold exploration opportunities. A 2008 NI43-101 compliant copper-zinc resource, for four of the known deposits in the district, was completed in less than 18 months. The Company has a joint venture interest in the Dupont Property, an advanced gold property near Kenora, Ontario and is the operator for several contiguous joint venture properties in West Red Lake covering 45 sq. km. The Company is operated by an experienced management team with a growth strategy to develop a diversified portfolio of advanced mining projects.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

Except for statements of historical fact contained herein, the information in this press release constitutes "forward-looking information" within the meaning of Canadian securities law. Other than statements of historical fact, all statements are "Forward-Looking Statements" that involve such various known and unknown risks, uncertainties and other factors. There can be no assurance that such statements will prove accurate. Results and future events could differ materially from those anticipated in such statements. Readers of this press release are cautioned not to place undue reliance on these "Forward-Looking Statements". Except as otherwise required by applicable securities statutes or regulation, the Company expressly disclaims any intent or obligation to update publicly forward-looking information, whether as a result of new information, future events or otherwise.