



## Halo Reports Up to 20 g/t Gold at Bridget Lake, West Red Lake

Toronto, Ontario, April 1, 2009 -- Lynda Bloom, President and CEO of Halo Resources Ltd. (TSX.V:HLO; FSE:HRL) is pleased to announce further results of detailed channel sampling at the Bridget Lake target area, on the Red Lake Gold Mines-Halo West Red Lake ("WRL") joint venture property.

Additional high grade assays have been reported for the Bridget Lake area expanding the gold-copper zone. Recent detailed structural analysis of the area and better understanding of the geology has resulted in an important new interpretation of the area based on the Madsen mine.

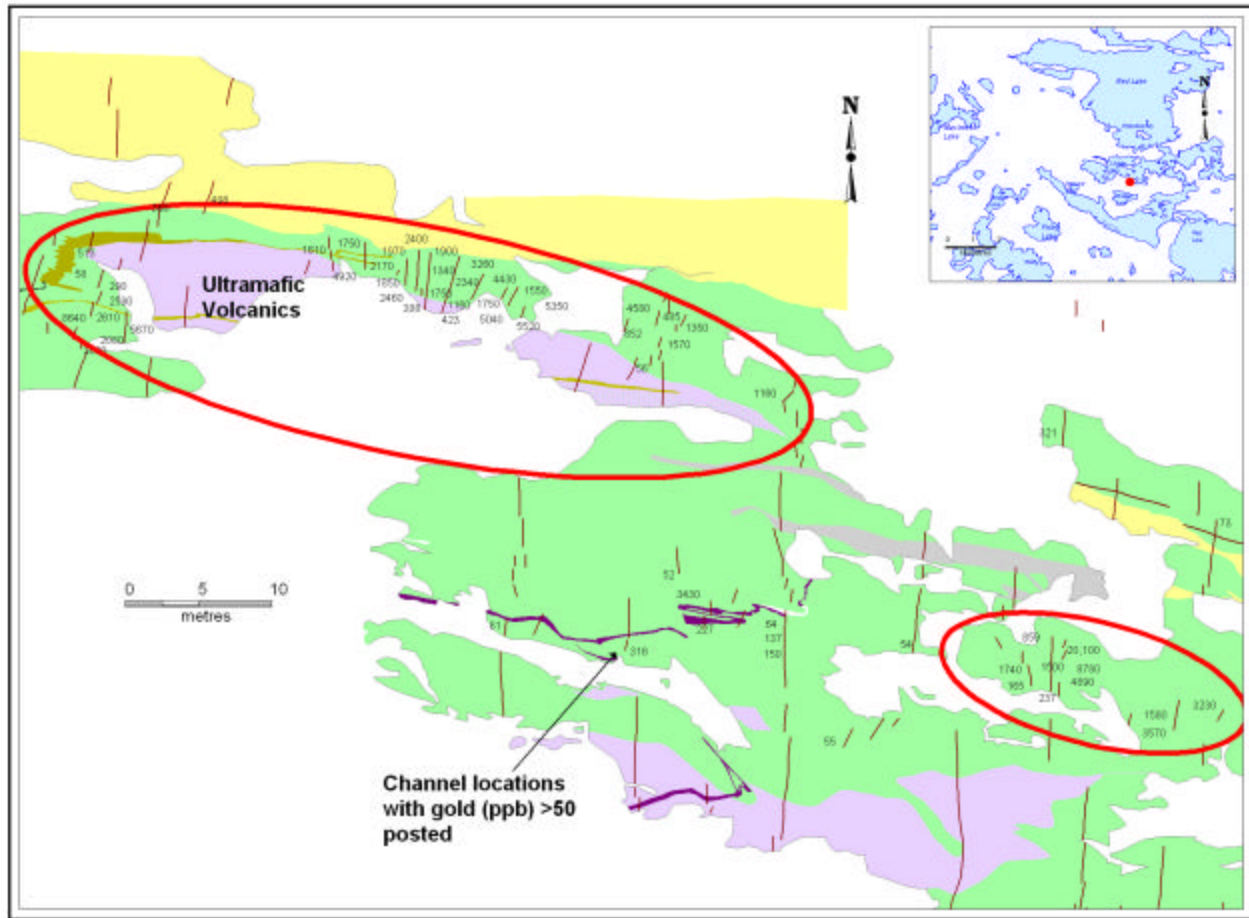
"The identification of a second mineralized zone and assays up to 20 g/t gold are indicative of a significant mineralized system. There is no previously reported drilling or systematic sampling in this area and this discovery is particularly important due to the newly recognized association with ultramafic volcanics, allowing for a comparison with the geological model for the Madsen mine in Red Lake", says Lynda Bloom, President & CEO.

The Madsen mine produced 2.4 million ounces of gold and 385,000 ounces of silver from 1938 to 1976 from ore. The Madsen deposit is a stratabound, replacement-style, disseminated gold deposit that consists of at least four ore zones. The grades associated with these types of deposits are similar to those being reported for Halo's Bridget Lake area, in the 3 g/t gold range, which is considerably lower than vein-type ore with "bonanza" level gold grades often associated with historic mines in the Red Lake camp. The Madsen mine also hosts at least one high-grade quartz vein (No. 8 Vein). High grade veins may also occur on the West Red Lake property as samples from 2007 field mapping reported up to 60 g/t gold, 58 g/t silver and 3% copper from grab samples on the north shore of Bridget Lake.

### Technical Highlights

Nine areas, located between Middle Bay and Bridget Lake, were stripped and surface sampled (see press release December 4, 2008 for details). As previously reported, significant gold assays were returned for channel samples in Area 1 over an area of 50 m by 5 m. Additional assays have extended the anomalous zone of samples with greater than 0.3 g/t gold for another 25 m east which is also the furthest extent of the area tested. The gold grades demonstrated impressive consistency, ranging from 3.6 g/t gold over 3.05 m to 1.7 g/t gold over 2.8 m from a series of six closely-spaced channel samples. The channel sample assay correspond with results for drill hole R08-06, drilled in the vicinity of Area 1, that returned anomalous grades of 1.3 to 9.8 g/t gold over relatively short lengths (0.3 to 1.9 m) at depths of 98 to 190 m downhole.

A second near-parallel zone, just 20m south, has also been identified. The second anomalous zone is defined by samples with greater than 0.1 g/t gold assays over a 50 m strike length and varying from 1 to 5 m in thickness. This zone hosts the best continuous suite of samples, 0.75 to 1.05 m in length, included results of 4.89, 1.50, 8.78 and **20.1** g/t gold (see figure below).



The gold mineralization is clearly associated with mafic–ultramafic contacts. The mineralization is variable with 1-2% disseminated sulphides (pyrite-pyrrhotite) to locally semi-massive pyrite-chalc opyrite over 0.5-2 m with good malachite (copper oxide) staining and locally strong fuchsite is observed with quartz-carbonate veining. Selected samples will be submitted for base metal assays.

Two other smaller stripped areas also returned gold values of interest. Of the 22 channel samples from Area 5, some 100 m west of Area 1, eight samples reported anomalous gold values (greater than 0.1 g/t gold) and up to 3.6 g/t gold over 0.85 m. Nearly 10% of the 189 samples from Area 9, near the north shore of Bridget Lake, had assays greater than 0.1 g/t gold and a maximum reported value of 2.11 g/t gold over 0.6 m.

Channel sampling, assaying and quality control procedures are consistent with those reported in the Technical Background of the press release issued December 4, 2008.

The above information has been prepared under the supervision of Lynda Bloom (P.Geo.), who is designated as a "Qualified Person" with the ability and authority to verify the authenticity and validity of the data.



For further information, please contact:  
Lynda Bloom, President & CEO or Marc Cernovitch, Chairman  
Halo Resources Ltd.  
Tel: 416-368-7045 Fax: 416-368-9805  
lbloom@halores.com

***About Halo Resources Ltd.***

Halo is a Canadian-based resource company focused on the acquisition of near production base and precious base metal deposits. The Company's focus is the 200 sq. km. Sherridon VMS Property, a combination of mature and grassroots volcanogenic massive sulphide (VMS) copper, zinc and gold exploration opportunities. A 2008 NI43-101 compliant copper-zinc resource, for four of the known deposits in the district, was completed in less than 18 months, with exploration activity ongoing. The Company has a joint venture interest in the Duport Property, an advanced gold property near Kenora, Ontario and is the operator for several contiguous joint venture properties in West Red Lake covering 45 sq. km. The Company is operated by an experienced management team with a growth strategy to develop a diversified portfolio of advanced mining projects.

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