

HALO SHERRIDON VMS AREA 2006 EXPLORATION PROGRAM ON SCHEDULE

Vancouver, British Columbia, July 19, 2006 – Marc Cernovitch, President and CEO of Halo Resources Ltd. (TSX.V:HLO; OTC.BB:HLOSF; FSE:HRL) is pleased to announce that on July 2, 2006 Halo commenced a 2684 km helicopter borne electromagnetic (EM) survey of the Sherridon VMS Property.

The Sherridon property is located 70 km northeast of Hudbay Minerals Inc. (HudBay) Flin Flon mining and metallurgical complex in Manitoba. Halo's Sherridon VMS Property comprises a land package of 18,822 ha in the Sherridon volcanogenic massive sulphide (VMS) district and includes several copper-zinc deposits and is considered by Halo to be highly prospective for new VMS discoveries. The property possesses excellent road and railroad access and most areas of the property can be drilled year round.

Recent hardware upgrades to Geotech's state-of-the-art Versatile Time-Domain Electro-Magnetics (VTM) acquisition system have significantly improved the signal/noise ratio and are expected to further increase the system's high performance capabilities with regard to deep penetration and detection of anomalies. The airborne survey of the western portion of the property that hosted the historic Sherritt Gordon mine has now been completed and preliminary results will be available shortly. It is anticipated the remainder of the survey covering Halo's entire Sherridon property, at a flight line spacing of 100 m, will be completed in approximately 1 week.

Detailed geological mapping and prospecting is also being conducted within specific target areas in the vicinity of existing Cu-Zn deposits. The work is being used to ground truth anomalies and features outlined from historical exploration work. The surface program should assist in developing a better understanding of the complex stratigraphy as well as help define possible controls on mineralization. The program commenced in June and is proceeding on schedule. The geological work will be integrated and compiled with the historical database and the results of the current airborne (EM) survey to set the foundation for additional ground geophysical surveying and diamond drilling in August, 2006.

A preliminary review on the gross controls of mineralization appear to favour contacts between contrasting lithologies, that being primarily felsic and mafic assemblages. Late-stage pegmatite bodies are intimately associated with Cu-Zn mineralization at the past-producing Sherritt Gordon West Zone and the Bob Lake and Cold Lake deposits. The pegmatite bodies appear to have intruded the same stratigraphic zones of weakness that focused the mineralization facilitating in the redistribution and/or concentration of the ore.

Lithogeochemical sampling that includes a robust package of mobile and resistate elements has been submitted for analysis to SGS Laboratories. The work is being undertaken to “fingerprint” primary types of hydrothermal alteration within areas of known mineralization. .

Knowledge of VMS camps in general show that clustering of massive sulfide deposits can be found along specific stratigraphic marker horizons. Relatively untested stratigraphy with respect to their stratigraphic position and geochemical signature exist along strike of base metal deposits covered by the Sherridon property. This stratigraphy is considered to be very prospective for the discovery of additional base metal mineralization.

Halo's Sherridon VMS property includes numerous Cu-Zn sulphide deposits. The largest one discovered is the VMS style Sherritt-Gordon ore body which produced 7.7 million tonnes of copper-zinc ore. The other significant but undeveloped VMS style deposits include the Bob, Jungle and Park. The three less defined deposits are Cold, Fidelity and Ake.

Key historical drill hole information for each of these deposits has been recovered and data verification and geological modeling is in progress together with an evaluation of the additional work required to produce NI 43-101 compliant resource estimates. Preliminary model results will also be used to assist in establishing exploration targets adjacent to each of the known mineralized deposits.

In addition to the comprehensive surface exploration program being carried out, Halo is in the process of completing a short-list of diamond drill contractors. Final tendering will commence within the next few weeks. Finally, construction of Halo's field exploration facilities close to the historic Sherridon mine site is underway.

Qualified Person

Eckart Buhlmann, a principal of Buhlmann & Associates Inc. and a "qualified person" as defined in NI 43-101, has reviewed this news release and has verified the technical information provided herein.

Halo Resources Ltd.

Halo is a Canadian-based resource company focused on the acquisition of near production base and precious base metal deposits. Currently the Company owns or has an interest in 4 projects: Duport, which is an advanced stage gold project; Bachelor Lake, which is a gold exploration project, Quarter Moon which is a grass roots gold project, and the Sherridon project, which is a grass roots VMS project. The Company is operated by an experienced management team and backed by a strong network of mining financiers. The Company's growth strategy is to develop a diversified portfolio of advanced mining projects.

ON BEHALF OF THE BOARD

Marc Cernovitch, President and CEO

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release. Except for the historical statements contained herein, this news release presents "forward-looking statements" within the meaning of the United States Private Securities Litigation Reform Act of 1995 and similar Canadian legislation that involve inherent risks and uncertainties. Forward-looking statements include, but are not limited to, statements with respect to the future price of gold and other minerals and metals, the estimation of mineral reserves and resources, the realization of mineral reserve estimates, the capital expenditures, costs and timing of the development of new deposits, success of exploration activities, permitting time lines, requirements for additional capital, government regulation of mining operations, environmental risks, unanticipated reclamation expenses, title disputes or claims and limitations on insurance coverage. Generally, these forward-looking statements can be identified by the use of forward-looking terminology such as "plans", "expects" or "does not expect", "is expected", "budget", "scheduled", "estimates", "forecasts", "intends", "anticipates" or "does not anticipate", or "believes", or variations of such words and phrases or state that certain actions, events or results "may", "could", "would", "might" or "will be taken", "occur" or "be achieved". Forward-looking statements are subject to known and unknown risks, uncertainties and other factors that may cause the actual results, level of activity, performance or achievements of Halo to be materially different from those expressed or implied by such forward-looking statements, including but not limited to: risks related to the integration of acquisitions; risks related to joint venture operations; actual results of current exploration activities; actual results of current or future reclamation activities; conclusions of economic evaluations; changes in project parameters as plans continue to be refined; future prices of gold and other minerals and metals; possible variations in ore reserves, grade or recovery rates; failure of equipment or processes to operate as anticipated; accidents, labour disputes and other risks of the mining industry; and delays in obtaining governmental approvals or financing or in

the completion of development or construction activities. Although the management and officers of Halo Resources Ltd. believe that the expectations reflected in such forward-looking statements are based upon reasonable assumptions and have attempted to identify important factors that could cause actual results to differ materially from those contained in forward-looking statements, there may be other factors that cause results not to be as anticipated, estimated or intended. There can be no assurance that such statements will prove to be accurate, as actual results and future events could differ materially from those anticipated in such statements. Accordingly, readers should not place undue reliance on forward-looking statements. Halo does not undertake to update any forward-looking statements that are incorporated by reference herein, except in accordance with applicable securities laws. Trading in the securities of Halo Resources Ltd. should be considered highly speculative.

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